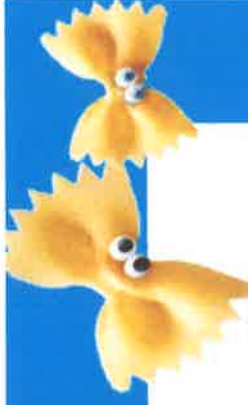
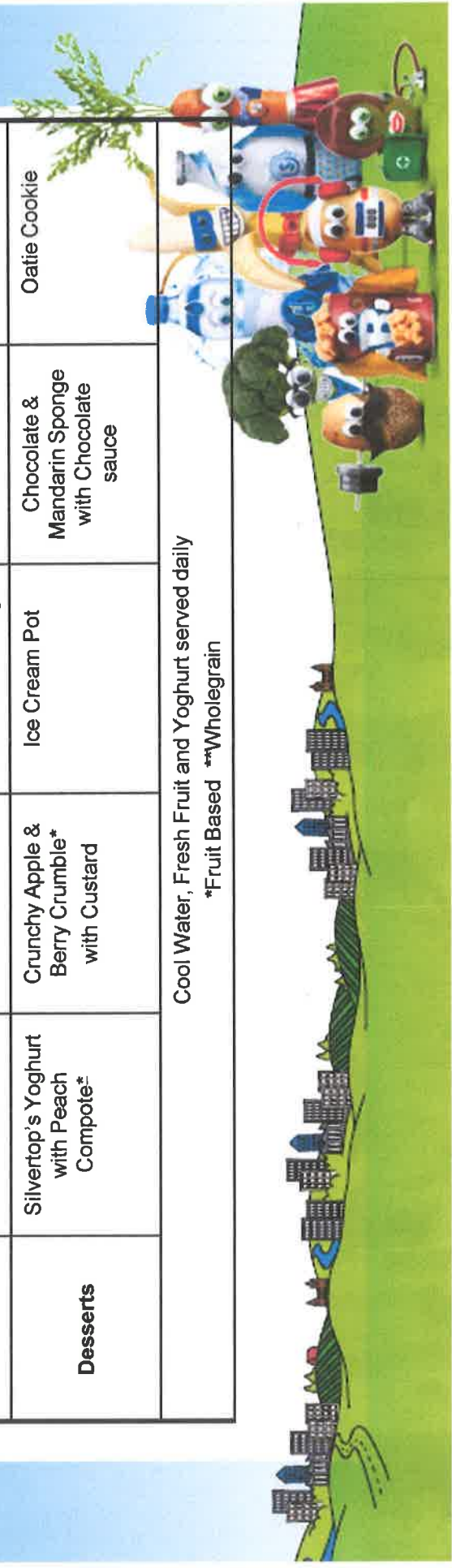


# Primary Spring 2017 Menu

## Week 1

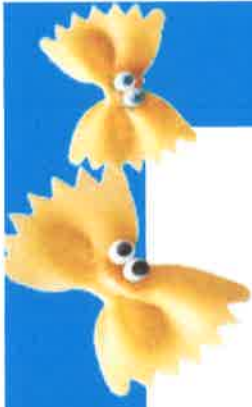


	Italian	Family Favourites	Traditional	Global Adventure	Fun Day
Hot Main Dish	Pasta Pack's Pasta Bolognaise** Beef and Tomato Sauce with Pasta	Vegemince and Onion Pie with New Potatoes	Roast Turkey and Bud's Crispy Spuds & Gravy	BBQ Chicken Thigh Chicken Thigh in a BBQ Sauce with Sweet Potato Mash	Crispy Fish & Chips Crispy Battered Pollock with Chips
Alternative Dish	Mega Mozzarella & Tomato Pizza** with Jacket Wedges	Pasta Packs Neapolitan Cheesy Pasta Tomato Pasta with Cheese	Super Quorn Roast Quorn Roast with Roast Potatoes with Gravy	Vegetable Hot Pot with Rice Chunky Vegetables and Bean Hot pot	Fluffy Baked Potato
Vegetables	Carrots Peas	Green Beans	Carrots Seasonal Cabbage	Sweetcorn	Baked Beans Crunchy Salad
Desserts	Silvertop's Yoghurt with Peach Compote*	Crunchy Apple & Berry Crumble* with Custard	Ice Cream Pot	Chocolate & Mandarin Sponge with Chocolate sauce	Oatie Cookie
Cool Water, Fresh Fruit and Yoghurt served daily *Fruit Based **Wholegrain					



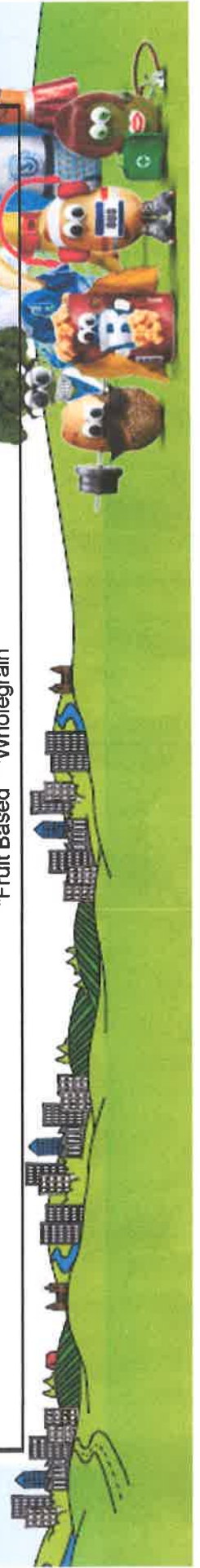
# Primary Spring 2017 Menu

## Week 2



	Italian	Family Favourites	Traditional	Global Adventure	Fun Day
<b>Hot Main Dish</b>	<b>Veggie Meat Balls in Tomato Sauce with Rice**</b> <i>Vegetarian Meatballs in a Rich Tomato sauce</i>	<b>Bangers with a Mash Mountain</b> <i>Pork sausages with a Creamy Mash and Gravy</i>	<b>Roast Beef with Bud's Crispy Spuds and Gravy</b>	<b>Tomato Chicken with Rice and Peas</b> <i>Chicken in a Chunky Tomato &amp; Basil Sauce</i>	<b>Golden Fish Fingers &amp; Chips</b> <i>Breaded Fish Fingers with Chips</i>
<b>Alternative Dish</b>	<b>Pasta Pack's Mac 'N' Cheese</b> <i>Macaroni Cheese Sausages with a Creamy Mash and Gravy</i>	<b>Vegetarian Bangers with a Mash Mountain</b> <i>Vegetarian Sausages with a Creamy Mash and Gravy</i>	<b>Veggie Lasagne Layers of Pasta and veg topped with Cheese sauce with Bud's Crispy Spuds</b>	<b>Fluffy Baked Potatoes Filled with Rataouille &amp; Cheese</b>	<b>Bean &amp; Chive Frittata</b> <b>With Chips</b>
<b>Vegetables</b>	<b>Coleslaw</b> <b>Crunchy Salad</b>	<b>Peas</b> <b>Carrots</b>	<b>Carrots</b> <b>Green Beans</b>	<b>Broccoli</b> <b>Chop Chop Salad</b>	<b>Baked Beans</b> <b>Sweetcorn</b>
<b>Desserts</b>	<b>Strawberry Yoghurt</b>	<b>Fruity Flapjack</b>	<b>Mini Brownie with Banana Slices*</b>	<b>Pineapple Upside Down Cake* with Custard</b>	<b>Silvertop's Yoghurt with Pear and Blackcurrant Compote**</b>

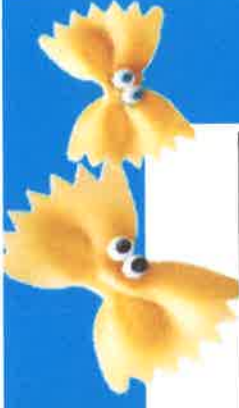
Cool Water, Fresh Fruit and Yoghurt served daily  
\*Fruit Based \*\*Wholegrain





# Primary Spring 2017 Menu

## Week 3



	Italian	Family Favourites	Traditional	Global Adventure	Fun Day
Hot Main Dish	Really Cheesy Pizza Cheese Sauce Pizza with Tomatoes and Mozzarella with Oven Baked Wedges	Chunky Chicken Bite Home Made Breaded Chicken with Pasta Salad	Roast Gammon with Bud's Crisp Spuds & Gravy	Sadie's Lasagne Beef Lasagne with Garlic Bread Wedge**	Crispy Salmon Fish Fingers with Chips Baked Salmon Fish Fingers
Alternative Dish	Pasta Pack's Tomato & Basil Pasta** Rich Tomato and Basil Sauce with Wholemeal Pasta	Cheese and Red Onion Quiche with Pasta Salad	Baked Bean and Cheese Bubble & Squeak	Sadie's Roasted Cauliflower and Sweet corn Bake	Quorn Hot Dog with Chips
Vegetables	Broccoli Sweetcorn	Green Beans Tomato Salsa	Seasonal Cabbage Carrots	Peas Chop Chop Salad	Baked Beans Crunchy Salad
Desserts	Berry Chill	Raspberry Loaf Cake	Oatie Apple Crumble with Custard	Silvertop's Yoghurt with Mixed Fruit Compote*	Chocolate Crispy

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain

